

# SOFRA ISTANBUL

TURKISH GRILL & BAKERY

## STARTERS

### ✓ **Mercmek corba** ..... R50

Traditional lentil soup served with our freshly wood fired baked Turkish bread and a wedge of lemon – don't forget to squeeze it over your soup!

### ✓ **Mezze platter (serves 1-2)** ..... R140

Fried aubergines, peppers, potatoes, ezme (Turkish salsa sauce), cacik (Turkish garlic yogurt), hummus and Turkish bread

### ✓ **Hummus & Turkish bread** ..... R60

**Afiyet olsun**  
*Enjoy your meal!*

## MAINS

### DONER

#### Our famous doner wraps (shawarma)

Thin slices of doner meat wrapped in our freshly baked Turkish flatbread (lavash), with salads and our signature sauce. Served with chips and sauce. Hot, mild or medium

Chicken ..... R80

Lamb/beef ..... R90

#### Doner in a box ..... R75

Lamb & Beef mix or chicken slices with chips or salads. Hot, mild or medium.

#### Chips in a box ..... R40

Hot, mild or medium

#### Turkish Doner Burgers

Freshly baked burger buns filled with a choice of doner meats, hummus, salads and a side of Turkish spiced chips

Chicken ..... R60

Lamb/beef ..... R70

#### Kumpir

Turkish Baked Potatoes ..... R100  
Served with option of salad, olives, chillie at no extra cost.

#### (Chicken, Lamb-beef, Cheese & Sweetcorn, Plain Cheese)

### CHARCOAL GRILLS

Please be patient, our food is freshly prepared

#### Adana kebab ..... R140

Lamb & Beef mix skewer marinated in our Turkish spices, chargrilled to perfection. Served with Turkish flatbread (lavash), chips, salads & sauce.

#### Iskender kebab ..... R160

Chicken or lamb & beef mix  
A traditional Turkish favourite – thin slices of doner meat (lamb/beef or chicken) layered on our Turkish bread, topped with hot or mild sauce and drizzled with a delicious butter sauce. Served with chips, salads and a dollop of yogurt.

#### Chicken shish (7 cubes) ..... R140

Succulent pieces of chicken cubes grilled over our hot coals. Served with Turkish flatbread (lavash), chips, salads & sauces

#### Lamb shish (7 cubes) ..... R180

Tender lamb cubes chargrilled and served with our lavash, salads & sauces

#### Princess kebab ..... R140

Minced chicken gently seasoned with our Turkish spices and chargrilled. Served with Turkish flatbread (lavash), chips, salads & sauces

#### Chicken kofte ..... R140

Chicken meatballs grilled to perfection. Served with Turkish flatbread (lavash), chips, salads & sauces

#### Saucy Chicken

Our famous chargrilled chicken cubes simmered in a special sauce and served with rice & salads ..... R140

#### Saucy Kofte ..... R140

Meat balls in a creamy sauce with rice & salads  
(chicken or lamb-beef mix)

#### Beyti Kebab

Lamb & Beef mix minced kebab or chicken wrapped in our lavash bread with spices & grilled over hot coals. Served with chips & salads ..... R140

### Creamy Turkish style pasta

#### with salads

Make it cheesy @ R30 More  
(30 - 40mins prep time)

Spinach ..... R90

Chicken ..... R110

Lamb-Beef ..... R120

Prawns ..... R140

#### Saucy Prawns

With Turkish Village bread ..... R150

### GROUP MEALS

#### Mixed grill for 2-3 ..... R520

A platter of all our meats grilled over hot coals (please advise your waitron if you do not eat beef, we will gladly add more chicken instead). Served with slices of our mince pizza, lavash, chips, salads & sauces

#### Mixed grill for 4-5 ..... R820

#### Finger Lickin Prawns Platter

6 Butterflied king prawns grilled in our special spices, served with bulgur rice, chips, Turkish salsa, garlic sauce & salads ..... R190

#### Turkish Style Hake

It's famous! Pan fried then grilled with our special spices, served with Turkish salsa, chips, salads & sauces ..... R90

## Vegetarian

...we're crazy about them!

#### Falafel Box R70

5 crispy falafels, chips or salads  
Signature yogurt sauce, Turkish chillie (optional)

#### Falafel Wrap R70

crispy falafels, wrapped in our light Turkish flatbread, hummus, brinjals, Turkish salads, sauce and option

#### Falafel Platter R90

falafels served with our Turkish lavash bread bowl of hummus, fried brinjals, our signature yogurt sauce, Turkish Salsa, salads

#### Chickpea Wrap R80

#### Chickpea & Potato Platter R80

A light comfort meal served with rice, salads and sauce



## VEGETARIAN MEALS

Try our classic Indian vegetarian meals especially curated for our local vegetarians. Freshly prepared daily using vegetables hand picked from local markets.

### STARTERS

**Lentil soup with Turkish wood fired bread.**R50

**Mezze platter**.....R140

Fried brinjals, wood fired veggies, hummus, Turkish salsa, garlic yogurt, chickpeas & potato, Turkish flatbread.

**Hummus & Turkish bread**.....R60

**Black Bean Crunch**.....R90

Black beans, nachos, cheese, sour cream, spring onions & salsa in our flatbread grilled.

### VEG CURRIES

**Served with roti & lime pickle**.....R70

Paneer Chutney

Brinjal & potato

Green beans & potatoe

Methi

Okra

Chickpea & potatoe with rice or roti.....R80

Chickpea wrap .....R80

*Afiyet olsun*  
*Enjoy your meal!*

★WELCOME★  
— TO —

**Istanbul**

ASK ABOUT DAILY SPECIALS

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## FALAFELS

**Falafel box**.....R70

5 falafels, chips or salads, fried brinjals & sauce.

**Falafel wrap** .....R70

4 falafels, garlic yogurt, hummus, fried brinjals, chips & salads

**Falafel platter** .....R90

5 falafels, fried brinjal, hummus, Turkish salsa, Turkish flatbread, gherkins & salads.

## PASTAS

Creamy spinach pasta.....R90

Creamy pasta.....R70

Make it cheezy for R30 extra!

## PIDE & GOZLEME:

**Gozleme (Turkish flatbread with a filling):**

Potatoe, parsley, cheese & touch of chillie.....R80

Spinach/cheese, Plain cheese.

**Pide (Turkish pizza)**.....R100

**With cheese:**

Roasted mixed veg

Spinach

Cheese/tomato

Cheese/tomatoes/peppers

**KUMPIR TURKISH BAKED  
POTATO** R100

**Options:** Spinach, Cheese/sweetcorn, Plain Cheese  
Add olives, Salads & Chillie no extra cost on request.

## Vegetarian

...we're crazy about them!

### Black Bean Crunch R90

Black beans, nachos, cheese, sour cream, spring onions & salsa in our flatbread grilled.

## BAKERY

### Gozleme

Turkish flatbread filled with your choice of filling & grilled on a special skittle. Served with our signature garlic yogurt sauce

### V Vegetarian R80

Spinach & Cheese  
Potato/parsley/chilli  
Plain cheese

### Meat R90

Chicken  
Lamb/beef mix  
Mama's (chicken, veg, cheese & chilli)

### Pide

Wood fire

A delicious thin based Turkish pizza served with our signature garlic yogurt sauce, ask for chilli if you like it hot!

Chicken & cheese R100

Lamb/beef & cheese R100

Mama's (chicken, cheese, veg & chilli) R100

Papa's Pide R100

Lamb-beef strips, cheese, roasted mixed veg, touch of chillie & garlic.

V Spinach & cheese R100

V Cheese & tomato R100

V Cheese, peppers & tomato R100

V Mixed Veg Pide R100

### Lahmacun R80 for 2

A soft tortilla type pizza with a lamb mince topping, baked in our wood fired oven. Squeeze the lemon all over, top with salads, roll up and enjoy!

★ WELCOME ★  
TO

# Istanbul


ASK ABOUT DAILY SPECIALS


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## BREAKFAST

### V Menemen R70

Traditional Turkish breakfast of eggs cooked in a tomato pepper sauce. Served with a platter of feta cheese, cucumbers, tomatoes, home made strawberry jam, butter and a selection of Turkish breads and Turkish traditional tea

### V The Vegetarian R70

Chickpea & potato, falafel, hummus, Turkish salsa, Turkish breads, Sofra strawberry jam, butter, Turkish tea

### V Simit (Turkish bagel) R25

Chocolate, cheese/chilli, plain

### Porca R25

Soft Turkish rolls with either chicken & cheese or spinach & cheese filling

## DESSERTS

Baklava (3 per portion) R50

Revani (semolina cake slice) R50

### Kunefe

Without ice cream R80

With ice cream R100

## DRINKS

### HOT

Turkish tea R20

First glass is on us!

Turkish coffee R30

(Add Condensed Milk) R15

Cappuccino, Americano R25

### COLD

Soft drink cans R25

Still water R20

Ayran R30

Salty Turkish yogurt drink

Ottoman lemonade R40

Fruit juice R20

Passion fruit, fruit cocktail

Milkshakes R60

Mikail's favourite salted caramel

Turkish Delight

Bubblegum, Strawberry

Nutella, Turkish Coffee Shake

Baklava Shake

Mocktails - NO ALCOHOL R60

Real Fruit Syrup

The Ottoman (the boss's favourite)

Black Berries & Ginger, Mint & dash of lemon.

Istanbul Mojito

Green apple & mint

Turkish Passion

Mango Teaser with passion fruit.

Turkish Rose Delight Cooler

Pomegranate Cooler

Strawberry Cooler

Freshly squeezed fruit juice of the season.

No preservatives, 100% pure!

Ask us about the fruit juice of the day.

Pineapple R40

Pinelemonade R40

Jugs R160

